



#RESPECT THE WATER

**Every year people get into
difficulty in quarry lakes**

Please only enjoy water based activities where it is safe to do so

10 reasons why water in active & former quarries can be dangerous

- The water in quarry lakes can be very deep
- The water in quarry lakes can be very cold
- Sudden, unexpected changes in depth due to shelving
- Steep or crumbling sides making it difficult to exit
- Submerged machinery or rocks that can injure jumpers or swimmers
- Underwater plants, machinery or debris that can trap you
- Currents or powerful underwater pumps
- Dead animals/animal excrement in water causing disease
- Pollution/high alkalinity causing rashes, irritation and stomach problems
- Poisonous algae

If you get into trouble in a quarry lake
'Float to Live' – tilt your head back with your ears submerged. Relax and move your hands to stay afloat. Once you have adjusted to the water look for a place to exit – call for help.

If you see someone in trouble in a quarry lake do not enter the water

CALL 999 and ask for the Fire and Rescue Service
TELL them to stay calm and float on their back
THROW them something that floats or find something to reach them and pull them in


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Visit the following sites for more information and resources

Respect the Water – respectthewater.com

Stay Safe – www.mineralproducts.org/Campaigns/Stay-Safe.aspx



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